

# Recreation Calendar

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# Weekly Cage Hours

| <b>SUNDAY</b>                     | MONDAY                                                           | TUESDAY                                                      | WEDNESDAY                                      | THURSDAY                                                        | FRIDAY     | SATURDAY   |  |  |  |
|-----------------------------------|------------------------------------------------------------------|--------------------------------------------------------------|------------------------------------------------|-----------------------------------------------------------------|------------|------------|--|--|--|
| Cage Fitness Area                 |                                                                  |                                                              |                                                |                                                                 |            |            |  |  |  |
| 1PM – 11PM                        |                                                                  | 6.6                                                          | 6AM – 7PM                                      | 10AM - 7PM                                                      |            |            |  |  |  |
| Pool Hours                        |                                                                  |                                                              |                                                |                                                                 |            |            |  |  |  |
| 2PM – 6PM                         | 11AM – 2PM<br>7:30PM – 9PM                                       |                                                              | 11AM - 2PM<br>6PM - 8PM                        |                                                                 | 11AM – 2PM | 11AM - 3PM |  |  |  |
| Group Fitness Schedule (Room 202) |                                                                  |                                                              |                                                |                                                                 |            |            |  |  |  |
| No Classes                        | Zumba –<br>12PM<br>Glutes and<br>Guts – 5PM<br>Zumba –<br>7:30PM | Yoga - 11AM TRX - 5PM Indoor Cycling - 6:30PM Zumba - 7:30PM | Zumba – 12PM<br>TRX – 5:30PM<br>Zumba – 7:30PM | Yoga - 11AM Zumba - 12PM Indoor Cycling - 6:30PM Zumba - 7:30PM | No Classes | No Classes |  |  |  |

| JANUARY                                     |                       |                                                     |                                                      |                                      |                                                            |                                             |  |  |
|---------------------------------------------|-----------------------|-----------------------------------------------------|------------------------------------------------------|--------------------------------------|------------------------------------------------------------|---------------------------------------------|--|--|
| SUNDAY                                      | MONDAY                | TUESDAY                                             | WEDNESDAY                                            | THURSDAY                             | FRIDAY                                                     | SATURDAY                                    |  |  |
|                                             | 1                     | 2                                                   | 3                                                    | 4                                    | 5                                                          | 6                                           |  |  |
| 7                                           | 8<br>Classes<br>Begin | 9                                                   | 10                                                   | 11                                   | 12<br>Pickleball<br>Tournament<br>Registration<br>Deadline | 13                                          |  |  |
| 14                                          | 15                    | 16                                                  | 17                                                   | Indoor<br>Climbing<br>5 – 10PM       | 19                                                         | 20<br>T. Rock<br>Caving<br>8AM – 8PM        |  |  |
| 21                                          | 22                    | Indoor Soccer<br>League<br>Registration<br>Deadline | 5v5 Basketball<br>League<br>Registration<br>Deadline | 25<br>BOLD Giant<br>Swing<br>5 – 7PM | 26                                                         | NC Skiing and<br>Snowboarding<br>Depart 7AM |  |  |
| NC Skiing and<br>Snowboarding<br>Return 2PM | 29                    | 30                                                  | 31                                                   |                                      |                                                            |                                             |  |  |

| FEBRUARY |        |                                                   |           |                                            |                                                        |                                           |  |
|----------|--------|---------------------------------------------------|-----------|--------------------------------------------|--------------------------------------------------------|-------------------------------------------|--|
| SUNDAY   | MONDAY | TUESDAY                                           | WEDNESDAY | THURSDAY                                   | FRIDAY                                                 | SATURDAY                                  |  |
|          |        |                                                   |           | 1<br>Indoor<br>Climbing<br>5 – 10PM        | 2<br>Yard Game<br>Olympics<br>Registration<br>Deadline | 3                                         |  |
| 4        | 5      | 6                                                 | 7         | 8<br>BOLD<br>Zipline<br>5 – 7PM            | 9                                                      | 10<br>H. Waterfall<br>Caving<br>9AM – 5PM |  |
| 11       | 12     | 13                                                | 14        | 15<br>HOD Hurtin'<br>Gator Hike<br>5 – 9PM | 16                                                     | 17                                        |  |
| 18       |        | 20                                                | 21        | 22<br>BOLD Leap of<br>Faith<br>5 – 7PM     | Esport Tournament Registration Deadline                | 24                                        |  |
| 25       | 26     | 27<br>Softball League<br>Registration<br>Deadline | 28        | 29<br>Indoor<br>Climbing<br>5 – 10PM       |                                                        |                                           |  |

| MARCH                       |                   |                   |                                                            |                                                                         |                                |                                         |  |
|-----------------------------|-------------------|-------------------|------------------------------------------------------------|-------------------------------------------------------------------------|--------------------------------|-----------------------------------------|--|
| SUNDAY                      | MONDAY            | TUESDAY           | WEDNESDAY                                                  | THURSDAY                                                                | FRIDAY                         | SATURDAY                                |  |
|                             |                   |                   |                                                            |                                                                         | 1                              | 2<br>Spring Break                       |  |
| 3<br>Spring Break           | 4<br>Spring Break | 5<br>Spring Break | 6<br>Spring Break                                          | 7<br>Spring Break                                                       | 8<br>Spring Break              | 9<br>Spring Break                       |  |
| 10<br>Spring Break          | 11                | 12                | Indoor<br>Volleyball<br>League<br>Registration<br>Deadline | 14 BOLD Static Couse 5 - 7PM  Cornhole Tournament Registration Deadline | Reservoir<br>Paddle<br>4 – 7PM | 16                                      |  |
| 17                          | 18                | 19                | 20                                                         | 21                                                                      | 22                             | 23<br>Sandrock<br>Climbing<br>9AM – 6PM |  |
| Reservoir<br>Paddle 2 – 5PM | 25                | 26                | 27                                                         | 28<br>BOLD Dynamic<br>Course<br>5 – 7PM                                 | 29<br>Good Friday              | 30<br>31<br>Easter                      |  |

| APRIL                             |        |         |           |                                        |                                                                             |                                        |  |
|-----------------------------------|--------|---------|-----------|----------------------------------------|-----------------------------------------------------------------------------|----------------------------------------|--|
| SUNDAY                            | MONDAY | TUESDAY | WEDNESDAY | THURSDAY                               | FRIDAY                                                                      | SATURDAY                               |  |
|                                   | 1      | 2       | 3         | 4<br>Etowah River<br>Paddle<br>5 – 9PM | Sandrock Camp & Climb Leave 5PM  Badminton Tournament Registration Deadline | Sandrock<br>Camp & Climb<br>Return 2PM |  |
| 7                                 | 8      | 9       | 10        | 11<br>BOLD SBC<br>5 – 7PM              | 12<br>Etowah River<br>Paddle<br>5-9PM                                       | 13                                     |  |
| 14                                | 15     | 16      | 17        | 18<br>Coosa River<br>Paddle<br>5 – 9PM | 19<br>Sand Rock<br>Camping<br>Leave 5PM                                     | Sand Rock<br>Camping<br>Returns 11AM   |  |
| 21<br>Reservoir<br>Paddle 2 – 5PM | 22     | 23      | 24        | 25                                     | 26<br>Coosa River<br>Paddle<br>5 – 9PM                                      | 27                                     |  |
| 28                                | 29     | 30      |           |                                        |                                                                             |                                        |  |

<sup>\*\*\*</sup>All events are subject to change according to weather and environmental conditions\*\*\*

# Friday, January 12th - Pickleball Tournament Registration Deadline

Tournament: January 13th at 2PM

**Details:** Grab a friend and sign up to participate in our Open Doubles Tournament. Games are bracket style and depend on the number of teams that have signed up.

#### Thursday, January 18th - Indoor Climbing

**When:** 5:00 PM – 10:00 PM

Meeting Location: Richards Gym Outside Front Doors

Details: Join Outdoor Recreation at Stone Summit in Kennesaw, GA for indoor rock climbing!

Transportation and food will be included. **Cost:** \$20 (charged to your student account)

#### Saturday, January 20th - Caving at Tumbling Rock Preserve

When: 8:00 AM - 8:00 PM

**Meeting Location:** Richards Gym Outside Front Doors

**Details:** Join Outdoor Recreation on an underground excursion to Tumbling Rock Cave Preserve. Caves maintain the same temperature year-round! With over six miles of surveyed passage, it offers beginning and experienced cavers a true wild cave experience. The large trunk passage is accompanied by a stream throughout most of its length. Some of these passages become sandy crawls which can be fun as well as challenging. Gear and food are included. Must register.

**Cost:** \$15 (charged to your student account)

# Tuesday, January 23rd - Indoor Soccer League Registration Deadline

**Season:** January 28th – February 18th

**Details:** Gather a team and sign up to participate in our Open, Women's, or Men's Leagues. Play one to two games each Sunday depending on the number of teams signed up.

#### Wednesday, January 24th - 5v5 Basketball League Registration Deadline

**Season:** January 29<sup>th</sup> – February 22<sup>nd</sup>

Details: Gather a team and sign up to participate in our Open, Women's, or Men's Leagues. Play one to two

games a week depending on the number of teams signed up.

#### Thursday, January 25th - BOLD Giant Swing

**When:** 5:00 PM – 7:00 PM

**Meeting Location:** BOLD Course (Next to Hoge Building and Roosevelt Cabin)

**Details:** Looking for a quick thrill? Come on out to the BOLD Course for a chance to swing high through the

air! Closed toe, laced shoes required.

### Saturday/Sunday, January 27th/28th - North Carolina Skiing/Snowboarding

When: Depart 7am Saturday

**Meeting Location:** Richards Gym Outside Front Doors

Details: Journey to North Carolina's beautiful Cataloochee Ski Area with Outdoor Recreation. All

transportation, food, equipment (ski/board/helmet), and housing will be provided. Please bring lots of

warm clothes (non-cotton in material is ideal) and get ready to freeze the day!

**Cost:** \$100 (charged to your student account)

#### Thursday, February 1st - Indoor Climbing

When: 5:00 PM - 10:00 PM

**Meeting Location:** Richards Gym Outside Front Doors

**Details:** Join Outdoor Recreation at Stone Summit in Kennesaw, GA for indoor rock climbing!

Transportation and food will be included.

**Cost:** \$20 (charged to your student account)

### Friday, February 2<sup>nd</sup> - Yard Game Olympics Tournament Registration Deadline

**Tournament:** February 3<sup>rd</sup>

**Details:** Gather a team and sign up to participate in the Olympics. Games will include Cornhole, Kan-Jam, Ladder Ball, Spike-Ball, and Teq-Ball. Games are bracket style and depend on the number of teams that have signed up.

#### Thursday, February 8th - BOLD Zipline

**When:** 5:00 PM - 7:00 PM

**Meeting Location:** BOLD Course (Next to Hoge Building and Roosevelt Cabin)

**Details:** Looking for a quick thrill? Come on out to the BOLD Course for a chance to zipline alongside a

friend. Closed toe, laced shoes required.

#### Saturday, February 10th - Caving at Howards Waterfall

When: 9:00 AM - 5:00 PM

**Meeting Location:** Richards Gym Outside Front Doors

**Details:** Join Outdoor Recreation on an underground excursion to Howards Waterfall. Caves maintain the same temperature year-round! With over 3 miles of passage and 5 entrances, it offers beginning and experienced cavers alike a true wild cave experience. Check out the "Disaster Room" and some of the sandy crawls which can be fun as well as challenging. Gear and food are included. Must register.

**Cost:** \$15 (charged to your student account)

# Thursday, February 15th - House of Dreams Hike via Hurtin' Gator

**When:** 5:00PM – 9:00 PM

**Meeting Location:** Frost Chapel Lower Parking Lot (Mountain Campus)

**Details:** Take the road less traveled! Hurtin' Gator is an alternative steeper route to the House O' Dreams. The trail is about 3 miles one way. Participants will meet at the Frost Chapel parking lot and should bring water, snacks, and a friend!

#### Thursday, February 22<sup>nd</sup> - BOLD Open Leap of Faith

**When:** 5:00 PM - 7:00 PM

**Meeting Location:** BOLD Course (behind Richards Gym)

**Details:** Looking for a rush of excitement and accomplishment? Take on the climb by yourself or beside

friends and jump for it. Don't miss out on the leap of faith! Closed toe shoes required.

#### Friday, February 23rd - Esport Tournament: Rocket League Registration Deadline

**Tournament:** February 24<sup>th</sup>

**Details:** Sign up and compete head-to-head to prove yourself the Rocket League Champion. Games are

bracket style and depend on the number of teams that have signed up.

#### Tuesday, February 27th - Softball League Registration Deadline

Season: March 11th - April 18th

Details: Gather a team and sign up to participate in our Open, Women's, or Men's Leagues. Play one to two

games a week depending on the number of teams signed up.

#### Thursday, February 29th - Indoor Climbing

**When:** 5:00 PM – 10:00 PM

**Meeting Location:** Richards Gym Outside Front Doors

**Details:** Join Outdoor Recreation at Stone Summit in Kennesaw, GA for indoor rock climbing!

Transportation and food will be included.

**Cost:** \$20 (charged to your student account)

# Wednesday, March 13th - Indoor Volleyball League Registration Deadline

Season: March 17th - April 14th

**Details:** Gather a team and sign up to participate in our Open, Women's, or Men's Leagues. Play one to two

games each Sunday depending on the number of teams signed up.

#### Thursday, March 14th - BOLD Static Ropes Course

**When:** 5:00 PM – 7:00 PM Meeting

**Location:** BOLD Course (Next to Hoge Building and Roosevelt Cabin)

**Details:** Join BOLD tackling obstacles in the air! Traverse one bridge after another at your own pace up to

40ft in the air. Closed toe, laced shoes required.

#### Thursday, March 14th - Cornhole Tournament Registration Deadline

Tournament: March 16th

**Details:** Gather a friend and sign up to participate in our Open League. Games are bracket style and depend

on the number of teams that have signed up.

#### Friday, March 15th - Paddle at the Reservoir

**When:** 4:00 PM – 7:00 PM

**Meeting Location:** Berry Reservoir

**Details:** Hike a little over a mile to go paddleboarding or kayaking on the Berry College Reservoir! Boats and life jackets are provided. Paddle time will be limited to 30-45 minutes, depending on the amount of people

who sign up. Snacks provided.

**Cost:** \$5

#### Saturday, March 23rd - Rock Climbing at Sand Rock Alabama

**When:** 9:00 AM – 6:00 PM

Meeting Location: Richards Gym Outside Front Doors

**Details:** Climb new heights with Outdoor Recreation! Join us for an excursion to the Cherokee Rock Village in Sand Rock, Alabama. Perfect introduction for the first-time climber and awesome opportunity for

experienced climbers to get back out there. All gear, lunch, transportation, and skill instruction will be

included. Please bring water, snacks, and closed toe shoes.

**Cost:** \$15 (charged to student account)

# Sunday, March 24th - Paddle at the Reservoir

**When:** 2:00 PM – 5:00 PM

#### **Meeting Location:** Berry Reservoir

**Details:** Hike a little over a mile to go paddleboarding or kayaking on the Berry College Reservoir! Boats and life jackets are provided. Paddle time will be limited to 30-45 minutes, depending on the amount of people who sign up. Snacks provided.

**Cost:** \$5

#### Thursday, March 28th - BOLD Dynamic Challenge Course

**When:** 5:00 PM – 7:00 PM

**Meeting Location:** BOLD Course (Next to Sisters Theatre)

**Details:** Join BOLD tackling obstacles in the air! Traverse one bridge after another at your own pace up to

40ft in the air. Closed toe, laced shoes required.

#### Thursday, April 4th - Paddle Down the Etowah

**When:** 5:00 PM – 9:00 PM

Meeting Location: Richards Gym Outside Front Doors

**Details:** Meet at 5:00 PM for a 2-3 hour leisurely trip through downtown Rome on the Etowah River. Enjoy the wildlife and escape into nature for the moment, let us handle moving equipment. Transportation and snacks will be included.

**Cost:** \$15 (charged to your student account)

#### Friday, April 5th - Badminton Tournament Registration Deadline

Tournament: April 6th

**Details:** Grab a friend and sign up to participate in our Open League. Games are bracket style and depend on the number of teams that have signed up.

#### Friday/Saturday, April 5th/6th - Camp and Climb at Sand Rock Alabama

When: Depart Berry – Friday @ 5 PM; Return to Berry – Saturday by 2 PM

**Meeting Location:** Richards Gym Outside Front Doors

**Details:** Climb new heights with Outdoor Recreation! Take an excursion to the Cherokee Rock Village in Sand Rock, Alabama. Friday night will include camping and exploring. Wake up Saturday for breakfast and rock climbing. All gear, dinner, breakfast, transportation, and skill instruction are included. Please bring water, snacks, and closed toe shoes.

**Cost:** \$20 (charged to student account)

#### Thursday, April 11th - BOLD Swing-By-Choice

**When:** 5:00 PM – 7:00 PM

Meeting Location: BOLD Course (Next to Hoge Building and Roosevelt Cabin)

Details: Looking for a quick thrill for a party of 2? Bring a friend, pick how high you go, and

experience a Berry favorite! And it only requires climbing a ladder. Closed toe, laced shoes required.

#### Friday, April 12th - Paddle Down the Etowah

**When:** 5:00 PM - 9:00 PM

**Meeting Location:** Richards Gym Outside Front Doors

**Details:** Meet at 5:00 PM for a 2-3 hour leisurely trip through downtown Rome on the Etowah River. Enjoy the wildlife and escape into nature for the moment, let us handle moving equipment. Transportation and snacks will be included.

**Cost:** \$15 (charged to your student account)

#### Thursday, April 18th - Paddle Down the Coosa

**When:** 5:00 PM – 9:00 PM

**Meeting Location:** Richards Gym Outside Front Doors

**Details:** Meet at 5:00 PM for a 2-3 hour leisurely trip from downtown Rome down the Coosa River to Lock and Dam Park. Enjoy the wildlife and escape into nature for the moment, let us handle moving equipment.

Transportation and snacks will be included.

**Cost:** \$15 (charged to your student account)

# Friday/Saturday, April 19th/20th - Sand Rock Camping

When: Depart Berry - Friday @ 5 PM; Return to Berry - Saturday by 11 AM

Meeting Location: Richards Gym Outside Front Doors

**Details:** Take an excursion to the Cherokee Rock Village in Sand Rock, Alabama. Get to explore some of the views and rock structures of the area. All gear, dinner, breakfast, transportation, and skill instruction are included. Please bring water, snacks, and closed toe shoes.

**Cost:** \$20 (charged to student account)

# Sunday, April 21st - Paddle at the Reservoir

**When:** 2:00 PM – 5:00 PM

**Meeting Location:** Berry Reservoir

**Details:** Hike a little over a mile to go paddleboarding or kayaking on the Berry College Reservoir! Boats and life jackets are provided. Paddle time will be limited to 30-45 minutes, depending on the amount of people who sign up. Snacks provided.

**Cost:** \$5

#### Friday, April 26th - Paddle Down the Coosa

When: 5:00 PM - 9:00 PM

Meeting Location: Richards Gym Outside Front Doors

**Details:** Meet at 5:00 PM for a 2-3 hour leisurely trip from downtown Rome down the Coosa River to Lock and Dam Park. Enjoy the wildlife and escape into nature for the moment, let us handle moving equipment.

Transportation and snacks will be included.

**Cost:** \$15 (charged to your student account)